Como fazer

<?xml version="1.0" encoding="utf-8"?>  
<ScrollView xmlns:android="http://schemas.android.com/apk/res/android"  
 xmlns:app="http://schemas.android.com/apk/res-auto"  
 xmlns:tools="http://schemas.android.com/tools"  
 android:id="@+id/main"  
 android:layout\_width="match\_parent"  
 android:layout\_height="match\_parent"  
 android:contentDescription="Rolagem de tela para baixo"  
 android:fillViewport="true"> // Aqui indica que esta aberto, para adicionar mais itens  
  
 <androidx.constraintlayout.widget.ConstraintLayout  
 android:layout\_width="match\_parent"  
 android:layout\_height="match\_parent">  
  
  
 <TextView  
 android:id="@+id/textView5"  
 android:layout\_width="wrap\_content"  
 android:layout\_height="wrap\_content"  
 android:layout\_marginTop="150dp"  
 android:text="Lorem Ipsum is simply dummy text of the printing and typesetting industry. Lorem Ipsum has been the industry's standard dummy text ever since the 1500s, when an unknown printer took a galley of type and scrambled it to make a type specimen book. It has survived not only five centuries, but also the leap into electronic typesetting, remaining essentially unchanged. It was popularised in the 1960s with the release of Letraset sheets containing Lorem Ipsum passages, and more recently with desktop publishing software like Aldus PageMaker including versions of Lorem Ipsum"  
 app:layout\_constraintEnd\_toEndOf="parent"  
 app:layout\_constraintHorizontal\_bias="0.498"  
 app:layout\_constraintStart\_toStartOf="parent"  
 app:layout\_constraintTop\_toTopOf="parent" />  
  
 <TextView  
 android:id="@+id/textView3"  
 android:layout\_width="wrap\_content"  
 android:layout\_height="wrap\_content"  
 android:layout\_marginTop="300dp"  
 android:text="Lorem Ipsum is simply dummy text of the printing and typesetting industry. Lorem Ipsum has been the industry's standard dummy text ever since the 1500s, when an unknown printer took a galley of type and scrambled it to make a type specimen book. It has survived not only five centuries, but also the leap into electronic typesetting, remaining essentially unchanged. It was popularised in the 1960s with the release of Letraset sheets containing Lorem Ipsum passages, and more recently with desktop publishing software like Aldus PageMaker including versions of Lorem Ipsum"  
 app:layout\_constraintEnd\_toEndOf="parent"  
 app:layout\_constraintHorizontal\_bias="0.0"  
 app:layout\_constraintStart\_toStartOf="parent"  
 app:layout\_constraintTop\_toBottomOf="@+id/textView5" />  
  
 </androidx.constraintlayout.widget.ConstraintLayout>  
  
</ScrollView>

Lembrar que, se por acaso acontecer do texto dentro da TextView ficar sendo cortado, você deve definir o texto para wrap\_content

Wrap\_content o elemento e ajustado automaticamente de acordo com o tamanho dele.

**wrap\_content**: O componente será tão grande quanto o necessário para acomodar seu conteúdo. Por exemplo, se for uma TextView, ela se expandirá para caber o texto que estiver dentro dela.

Heigth = altura

Width = lagura.